Arizona Daily Star

**Dr. Weil Brings Kale Salad, Miso and More to UA Hospital Menus**

Andrew Weil, MD, has yet to open one of his True Food Kitchen restaurants in Tucson, but his dishes now will be available at a venue previously unknown for culinary prowess — the hospital. Dr. Weil, a Tucson author and nationally recognized founder of the University of Arizona Center for Integrative Medicine, is lending both his name and recipes to the UA Medical Center’s inpatient menu. Patients staying overnight at the academic medical center, which has two local campuses, now will be able to select healthful gourmet items developed by Dr. Weil, such as curried cauliflower soup, Tuscan kale salad and wild salmon with miso, lime and ginger glaze. Read more

Arizona Public Media

**New Medical Care Method Could Reduce Health Costs, Creator Says**

Concerned with providing quality care while also lowering health care costs, the co-director of the UA’s Arizona Center on Aging, Mindy Fain, MD, created a new model for caring for elderly patients. Her project suggests delivering care at home, taking advantage of new technologies that can provide sophisticated care while avoiding frequent visits to the hospital, she explained.
"The team includes nurse practitioners, physicians, pharmacists, nurses, social workers, community health workers, everyone there is involved...in identifying what the patient and family needs are," she said.

Her home-centered care model, called Healthy Together, is being tested at the University of Arizona Medical Center. Read more

KGUN-TV (ABC Tucson)

UAMC Trauma Nurse Saves Life of BP Agent

A UAMC trauma nurse went out of her way to provide care. Her professional heroism ended up saving the life of a Border Patrol agent.

Emergency room nurses see traumatic injuries every day, but when Laura Rodriguez was caring for Border Patrol agent James Grayson, after the agent was in a serious traffic accident, it wasn't what she saw that caused alarm.

“He had a scapula fracture. He really wasn't complaining of pain where his fracture was. He was complaining of so much pain in his back. Just out of the ordinary,” said Rodriguez. Read more

ABC Family (Phoenix)

UA Students See Future of Medicine Through Google Glass

Medical students at University of Arizona's College of Medicine -- Phoenix got their hands on Google Glass before it has even been released.

“We were one of the first batch of winners of Google’s ‘If I had Glass’ competitions, and we've had Google Glass about nine months now,” Christian Dameff, a fourth-year UA medical student, said.

Google Glass also can record what a student is seeing, allowing teachers to see how the student cared for a patient. Patients also can wear the glasses to record a student's bedside manner. The UA College of Medicine – Phoenix has eight sets of Google Glass and is looking through the lens at the future of medicine. Read more
KVOA-TV (NBC Tucson)

'Girls Club' Promotes Confidence, Curbs Bullying for Students in Marana

A program through the University of Arizona's Mel and Enid Zuckerman College of Public Health is working to curb bullying and boost self-esteem in young girls. It's called "Girls Club" and this year it is helping fifth and sixth graders at Estes Elementary School.

However, there is a purpose behind all the play: Even the smallest action, like cheering on a group, is designed to promote positive self-image and acceptance.

Velia Leybas Nuno, PhD, is assistant director of the Center of Excellence in Women's Health, which has been running "Girls Club" for the past 10 years. Dr. Nuno says recent advances in technology and social media are taking a toll on the way young girls see themselves and interact with others.

"We just try to work real hard at increasing awareness and then call people out on their behavior and reinforce the good behavior," said Dr. Nuno.  

BizTucson

Brightest Minds Focus on Cures for Kids

There could be no more noble cause – finding cures for childhood illnesses and easing the suffering of children. That is the mission of the University of Arizona Steele Children's Research Center, fueled by the passion and determination of its director, Fayez K. Ghishan, MD.

"I had a big dream when I came to the University of Arizona 19 years ago," said Dr. Ghishan, who is also physician-in-chief at the University of Arizona Medical Center – Diamond Children's, head of the UA Department of Pediatrics and the Horace W. Steele Endowed Chair in Pediatric Research.

"My dream was to compete with schools like Vanderbilt and Duke and build a research center in Tucson where I could put together all the pediatric researchers who are interested in children's health in one place so that the interaction will be across disciplines."