



**Living Longer,
Living Better –
Functional Longevity**

Our mission is to promote long, healthy and functional lives for older adults through comprehensive programs in research, education and training and clinical care. We invite you to explore the Web pages of the Arizona Center on Aging to learn more about us.

Co-Directors

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Clinical Care

Our faculty geriatricians – physicians who specialize in the care of older adults – are available at two office sites. To schedule an appointment call (520) 694-8888 and ask to see a geriatric physician.

- University Physicians Hospital/Kino, 2800 E. Ajo Way, Tucson
- University Medical Center, 1501 N. Campbell Blvd., Tucson

Education & Training

We provide academic education and training about aging to health-professions students and working professionals in the fields of medicine, nursing, social work, public health and pharmacy through:

- Arizona Geriatric Education Center: www.azgec.arizona.edu
- Arizona Reynolds Program of Applied Geriatrics: www.reynolds.med.arizona.edu
- UA Studies on Aging Program: www.gerontology.arizona.edu
- Section of Geriatrics & Gerontology: www.geriatrics.medicine.arizona.edu

Research Program

We are building research programs that bring together multidisciplinary experts across the research continuum. Cutting-edge basic research approaches are being combined with clinical, epidemiologic, health services and outreach programs to bring the bench to the bedside, and back again, improving the quality of life and functional longevity of older adults. We offer collaborators assistance with aging research development and training across the research spectrum.

Biology of Aging Program

Our major emphasis is on fostering basic research in age-related problems of inflammation, immunity, bone, muscle and fat biology. These problems may manifest as heart and vascular diseases, diabetes, obesity, osteoporosis or frailty – common problems in older adults. Our goals are to understand how to intervene to reduce the development and consequences of these illnesses and to promote health and wellness.

Community Engagement

We offer workshops and presentations throughout the state for caregivers and health professionals who serve older adults; assist with conference planning; provide technical support, including needs assessment and evaluation; and offer monthly grand rounds lectures on current topics in aging, for professionals and interested community members.

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